

# In This Issue...

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- How Long Do You Have to File a Personal Injury Claim in Alabama?



When it comes to personal injury law, time is very important. In Alabama, like in most states, there's a ticking clock when filing a personal injury lawsuit. It's important to understand and comply with the statute of limitations that applies to personal injury cases.

Click Here to Read More



## **From Our Blog:**

## **Concussion Claims And Lawsuits After Car Accidents**

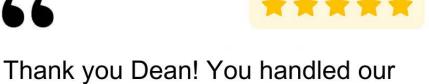


severe injuries, with concussions being one of the most prevalent and critical outcomes. A concussion, a form of traumatic brain injury (TBI), can result from the violent forces experienced during a car crash, where the brain impacts the inner skull or undergoes violent shaking. Click Here to Read More

Car accidents are notorious for causing







case better than we could have ever imagined. Very professional, always great communication, and very happy.

-- S. R.





### Soup This soup makes an easy, creamy, healthy, and

Recipe of the Month

# hearty dinner. Insanely delicious and comforting.

**Easy Vegan Tomato and Basil** 

- Ingredients: 1 tbsp olive oil • 1/2 a medium onion, chopped
  - 25 oz pureed tomatoes • 12 oz water 1 tsp dried basil • 1/2 cup fresh basil, chopped

• 2-3 small garlic cloves

- 1 tsp dried thyme • 2 tsp salt • 1/2 tsp ground black pepper
- 3 cups of tortellini pasta (cooked Directions:
  - 1. Fry the chopped onions in 1 tbsp oil for a few minutes until they turn light brown. 2. Add all the ingredients, except tortellini, to a small soup pot. Stir and cover. 3. Cook for 25-30 minutes. Season to taste.

# 4. Use a hand blender to make the soup extra smooth and creamy.

**November 18** 

- 5. Add the tortellini pasta and top with a generous amount of chopped fresh basil. Recipe courtesy of The Green Loot
  - What's Happening In & Around Mobile

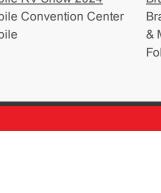
November 25

### Grand Breakfast with Santa Revitalize DIP Fall Cirque Dreams Holidaze Babes in Toyland The Grand Hotel Golf Resort Festival and Car Show Saenger Theatre Mobile & Spa Dauphin Island Parkway Mobile Civic Center Mobile

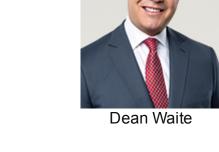
December 2

December 6

Mobile	Point Clear	at Gulfdale Drive Mobile	
December 12	December 16	December 23	December 31
Coffee with a Cop James P. Nix Center Fairhope	Christmas at the Exploreum Exploreum Science Center & Poarch Band of Creek Indians Digital Dome Theater Mobile	Pet Adoption – B&B Pet Shop - Mobile Animal Shelter B&B Pet Shop Mobile	Fairhope's New Year's Eve Family Celebration Downtown Fairhope Fairhope
January 5	January 10	January 14	
Mobile RV Show 2024 Mobile Convention Center Mobile	Brando Styles Magic Show Brandon Styles Live Theater & Magic Shop at OWA Foley	Mobile Marathon First Light Community of Mobile Mobile	









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